# **BP809ET. COSMETIC SCIENCE**(Theory)

45Hours

UNIT I 10Hours

Classification of cosmetic and cosmeceutical products

Definition of cosmetics as per Indian and EU regulations, Evolution of cosmeceuticals from cosmetics, cosmetics as quasi and OTC drugs

**Cosmetic excipients:** Surfactants, rheology modifiers, humectants, emollients,

preservatives. Classification and application

**Skin:** Basic structure and function of skin.

Hair: Basic structure of hair. Hair growth cycle.

Oral Cavity: Common problem associated with teeth and gums.

UNIT II 10 Hours

## Principles of formulation and building blocks of skin care products:

Face wash,

Moisturizing cream, Cold Cream, Vanishing cream and their advantages and disadvantages. Application of these products in formulation of cosmecuticals.

**Antiperspants & deodorants**- Actives & mechanism of action.

## Principles of formulation and building blocks of Hair care products:

Conditioning shampoo, Hair conditioner, anti-dandruff shampoo.

Hair oils.

Chemistry and formulation of Para-phylene diamine based hair dye.

Principles of formulation and building blocks of oral care products:

Toothpaste for bleeding gums, sensitive teeth. Teeth whitening, Mouthwash.

UNIT III 10 Hours

Sun protection, Classification of Sunscreens and SPF.

### Role of herbs in cosmetics:

Skin Care: Aloe and turmeric Hair care: Henna and amla. Oral care: Neem and clove

**Analytical cosmetics:** BIS specification and analytical methods for shampoo, skin-

cream and toothpaste.

UNIT IV 08 Hours.

Principles of Cosmetic Evaluation:Principles of sebumeter, corneometer. Measurement of TEWL, Skin Color, Hair tensile strength, Hair combing properties Soaps, and syndet bars. Evolution and skin benfits.

UNIT V 07 Hours

Oily and dry skin, causes leading to dry skin, skin moisturisation. Basic understanding of the terms Comedogenic, dermatitis.

Cosmetic problems associated with Hair and scalp: Dandruff, Hair fall causes Cosmetic problems associated with skin: blemishes, wrinkles, acne, prickly heat and body odor.

Antiperspirants and Deodorants- Actives and mechanism of action

### References

- 1) Harry's Cosmeticology, Wilkinson, Moore, Seventh Edition, George Godwin.
- 2) Cosmetics Formulations, Manufacturing and Quality Control, P.P. Sharma, 4<sup>th</sup> Edition, Vandana Publications Pvt. Ltd., Delhi.
- 3) Text book of cosmelicology by Sanju Nanda & Roop K. Khar, Tata Publishers.